NOVICE:

I’m just starting to learn this, and I don’t really understand it yet.

APPRENTICE:

I’m starting to get it, but I need someone to coach me through it.

PRACTITIONER:

I can mostly do it by myself, but sometimes I mess up or get stuck.

EXPERT:

Color Codes:

Green: Mastery

Yellow: Near Mastery

Red: Not at Mastery

I understand it well, and could thoroughly teach it to someone else.

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Data Tracker: Unit 1 (Atmosphere and Weather)

My Goals for the Quarter: ­­­­­­­­­

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| --- | --- | --- | --- | --- | --- | --- |
| **NCES Objective** | Pre-Assessment | Assessment  #1 | Assessment #2 | Re-test  Grade | Self-Reflection | Mastery?  (Yes/No) |
| **7.E.1.1**  Atmosphere |  |  |  |  | Start:  End: |  |
| **7.E.1.2**  Water Cycle |  |  |  |  | Start:  End: |  |
| **7.E.1.3**  Fronts, Air Masses, & Severe Weather |  |  |  |  | Start:  End: |  |
| **7.E.1.4**  Weather Forecasting |  |  |  |  | Start:  End: |  |
| **7.E.1.5**  Wind & Global Air Movement |  |  |  |  | Start:  End: |  |
| **7.E.1.6**  Stewardship of Atmosphere |  |  |  |  | Start:  End: |  |

Reflection on Unit:

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Data Tracker: Unit 2 (Cells and Human Body)

My Goals for the Quarter: ­­­­­­­­­

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| **NCES Objective** | Pre-Assessment | Assessment  #1 | Assessment #2 | Re-test  Grade | Self-Reflection | Mastery?  (Yes/No) |
| **7.L.1.1**  Protists |  |  |  |  | Start:  End: |  |
| **7.L.1.2**  Cells |  |  |  |  | Start:  End: |  |
| **7.L.1.3**  Multicellular Organisms |  |  |  |  | Start:  End: |  |
| **7.L.1.4**  Human Body |  |  |  |  | Start:  End: |  |

Reflection on Unit:

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Data Tracker: Unit 3 (Genetics)

My Goals for the Quarter: ­­­­­­­­­

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| **NCES Objective** | Pre-Assessment | Assessment  #1 | Assessment #2 | Re-test  Grade | Self-Reflection | Mastery?  (Yes/No) |
| **7.L.2.1**  Asexual and Sexual Reproduction |  |  |  |  | Start:  End: |  |
| **7.L.2.2**  Patterns of Heredity |  |  |  |  | Start:  End: |  |
| **7.L.2.3**  Impact of Environment and Lifestyle Choices |  |  |  |  | Start:  End: |  |

Reflection on Unit:

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Data Tracker: Unit 4 (Forces, Motion, and Energy)

My Goals for the Quarter: ­­­­­­­­­

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| **NCES Objective** | Pre-Assessment | Assessment  #1 | Assessment #2 | Re-test  Grade | Self-Reflection | Mastery?  (Yes/No) |
| **7.P.1.1**  Motion |  |  |  |  | Start:  End: |  |
| **7.P.1.2**  Forces |  |  |  |  | Start:  End: |  |
| **7.P.1.3**  Interpreting  Distance-Time Graphs |  |  |  |  | Start:  End: |  |
| **7.P.1.4**  Creating Distance-Time Graphs |  |  |  |  | Start:  End: |  |
| **7.P.2.1**  Conservation of Energy |  |  |  |  | Start:  End: |  |
| **7.P.2.2**  Potential & Kinetic Energy |  |  |  |  | Start:  End: |  |
| **7.P.2.3**  **Work and Electrical Circuits** |  |  |  |  | Start:  End: |  |
| **7.P.2.4**  **Simple Machines** |  |  |  |  | Start:  End: |  |

Reflection on Unit: